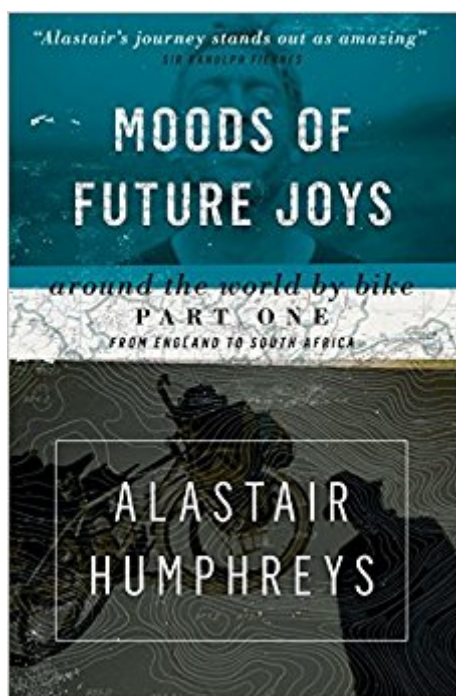


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# Moods Of Future Joys: Around The World By Bike Part One: From England To South Africa



## Synopsis

An updated edition including new color photographs and a new afterword looking back at the journey Alastair Humphreys's™ around-the-world journey of 46,000 miles was an old-fashioned adventure: long, lonely, low-budget, and spontaneous. Cycling across five continents and sailing over the oceans, his ride took four years to complete, on a tiny budget of hoarded student loans. Here is the story of the first remarkable stage of the expedition. Just two weeks into the ride the September 11th attacks changed everything. All Humphreys's™ plans went out the window and, instead of riding towards Australia, he suddenly found himself pedaling through the Middle East and Africa and on toward Cape Town. This book recounts an epic journey that succeeded through Humphreys's™ trust in the kindness of strangers, at a time where the interactions of our global community are more confused and troubled than ever.

## Book Information

Paperback: 256 pages

Publisher: Eye Books; 2 edition (May 1, 2015)

Language: English

ISBN-10: 1903070856

ISBN-13: 978-1903070857

Product Dimensions: 5 x 0.8 x 7.8 inches

Shipping Weight: 9.1 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 42 customer reviews

Best Sellers Rank: #640,150 in Books (See Top 100 in Books) #64 in Books > Travel > Africa > South Africa > General #182 in Books > Sports & Outdoors > Individual Sports > Cycling > Excursion Guides #490 in Books > Travel > Africa > General

## Customer Reviews

"Reminiscent of the great tradition of British explorers." — Guardian --This text refers to an out of print or unavailable edition of this title.

Alastair Humphreys is an adventurer, author, and motivational speaker. At the age of 24, he cycled around the world, riding 46,000 miles across five continents and 60 countries. More recently he has walked across southern India, rowed across the Atlantic Ocean, run the Marathon des Sables, completed a crossing of Iceland, and participated in a couple of Arctic expeditions. He was named as one of National Geographic's™ Adventurers of the Year for 2012. His previous titles include

The Boy Who Biked the World, Ten Lessons from the Road, and Thunder and Sunshine. Ranulph Fiennes is an elite soldier, athlete, mountaineer, and renowned explorer, and the author of 19 books of fiction and nonfiction, including Killer Elite and Race to the Pole.

The beginning of a four year odyssey, *Alastair Humphreys' Moods of Future Joys* is a tale of adventure and self-discovery. A journey of 46,000 miles was just two weeks into the ride when the world as we knew it changed with the events of September 11th. The plans for his epic adventure found Al Humphreys in Istanbul with decisions to make. I love and subscribe in my own adventures to something Alastair said, "Don't make big decisions when, tired, lonely, hungry, frightened, ill, or at night." He turned right and continued his ride into Africa without any prior planning or knowledge of what lie ahead. This story *Moods of Future Joys* and the second part, *Thunder & Sunshine* tell a vivid and engaging tale of the life and times in our world. Alastair Humphreys will quickly become one of your favorite authors. Take an armchair adventure and enjoy his book *Moods of Future Joys*.

After reading Alastair's books online a few years back, it originally inspired me to set off on a bicycle journey of my own across the United States. Before this, I had no bicycle touring experience whatsoever, only daily commutes. Afterwords, I wrote a book about my travels in the book "Travel By Two Wheels." If a book can inspire someone to set off and do something, it is certainly worth the read! I now have bought both of his books off and will continue to re-read them. It's nice to know that some people are still willing to take a leap of faith and set off on a journey like this that does not involve fancy hotels and airplane tickets. Alastair takes each little bit pedal stroke by stroke, one swift revolution at a time. The characters he meets in both of his books are incredible to say the least and the way in which he writes makes it a real page-turner. Support Alastair by purchasing this book!

This book, 2nd of a two-book package by Humphreys, is an enjoyable read, though Humphreys comes across as a bit self-absorbed, a whiner and, frankly, a fool for some of the risks he took on his journey. I did a x-country trip in the US from L.A. to Boston in the summer of 2013, so I'm finding myself intrigued by other trips. Frankly, I think "Cycling Home from Siberia" by Rob Lilwall ([...]), the story of his 3-year ride, is a much more enjoyable read, though both men took some absolutely insane, childish risks.

The first in a two part series that describes Al Humphreys bicycle ride around the world. It took him four years, he did not have a corporate sponsor. His openness and enthusiasm shine through - as well as his vulnerability. I couldn't put this book down! He chronicles his many adventures on his blog. Just an amazing story!

This is one of the books that most inspired my own 2 year solo bike trip. It was much more than a daily log of distance and amount of food he ate, it was an inspiring story of courage and determination. It also provided a realistic perspective on the world. Alastair epitomizes the adventurers who go out there for adventure and is full of wonder about the world and not just to say they accomplished something. It showed his resourcefulness to deal with hardships as they came. A lot of people say that we should live in the moment and enjoy each day as if it is our last but Alastair is one of a few who actually lived that way.

This book is a fun easy read which will inspire any would-be adventure travellers. Alastair is a likeable, genuine character and writes with much skill. I read the kindle version which appears to be published by Eye Books rather than self published as the earlier reviews seem to indicate the paperback was. However, it still lacks polish, and the frequency of punctuation mistakes and typos was a little infuriating, could do with another edit. This isn't reason enough not to read it however, and I've already recommend it to friends.

A great book to inspire and memorize. It took me several pages to get into the flow of his writing style. But once I did, I was hooked. I was blown away; not only by the adventure itself, but the true human emotion he portrays. This book will take you along for the ride and you'll feel every emotion along with Al. Read this book.

I picked this up as I have recently "reintroduced" myself to bicycling at the age of 63. This is not only a first rate travelogue, but a story of achievement by a young man. We can all learn a lot from Al. This was great, and now I'm onto his second book. Read and enjoy.

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